



AQUA

WINDOW & PROPERTY CLEANING SERVICES

Aqua Window And Property Cleaning Services Limited
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Method Statement

Health & Safety details of Risk Assessments and Method Statement Aqua Window And Property Cleaning Services

Document Owner & Implementation: Simon Doherty, Managing Director
Health and Safety Method Statement (Version 1)
Doc No.39 v1

Contents:

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Company details and Project Information

Nature of Project: External Window Cleaning/ Gutter Cleaning all down pipes and gutters.

Location of site: Forest Court Care Home

Start date: 1st August 2020

Completion: On going basis.

Time Span: Between 1-3 hours. Three operators conducting the gutter cleaning and window cleaning tasks.

Company: Aqua Window And Property Cleaning Services

Our Point of Contact at the site: Mr. Jinesh Shah, Director

Address:

Head Office: Aqua Window And Property Cleaning Services
2nd Floor, Winget House, Spa Road, Gloucester, GL1 1XB.

Contact Names and Details:

Simon Doherty, Director

Health and Safety Arrangements

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Details of Health & Safety Arrangements include:

- Policy
- Arrangements
- Risk Assessments
- Information, Instruction and Training
- Emergency Arrangements
- Safety Standards and Rules

Project Description: Gutter Cleaning, Window Cleaning

Personnel:

Resources Identified: Three vans to be booked onto site.

Mobile Access Equipment, Van mounted Water fed pole System, Sky Vac Industrial Machines

Risk Management for Work

Risk Assessments have been conducted on the following activities:

- Onsite activities
- Working in public places
- Use of tools and equipment
- Manual handling
- Work at Height* (*limited application)

Activities not applicable to Spinaclean Limited:

- Lifting activities as defined under LOLER

Summary of activities with potential hazards and risks:

- Use of work equipment
- Slips trips and falls
- Working with electrical equipment
- Working with generators
- Working on a customer's site or in public places
- Manual Handling of materials and equipment
- Possible working from steps/ work at height

See risk assessments for further details.

Controls:

Controls have been identified from the risk assessments and are highlighted both in the risk assessment and in the method statement and include the following...

- Communication and Training of Health and Safety
 - Checks and Inspections
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Health and Safety Method Statement (Version 1) Doc No.39 v1**Communication and Training of Health and Safety:**

- All risk assessments and safe systems of work will be communicated to the team/operative before work commences.
- A copy of this document plus safety arrangements will be passed onto the client prior to work commencing.
- All relevant toolbox talks will be communicated to the team/operative prior to work commencing ensuring that the team/operative have had instruction and awareness information provided.
- Further information on the communication and training of Health and Safety can be found in the Health and Safety Arrangements.

Checks and Inspections:

- All work equipment will be checked before use for safe operation and to ensure that it is “fit for purpose.”
 - Risk Assessments and safe systems of work will be checked before work commences.
 - Further information on workplace inspections can be found in the Health and Safety Arrangements.
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Method Statement details**Induction and Permits to Work:**

- Check with the Client’s site manager for any site induction or permits to work requirements before starting any work on site. Note if hot work is to be conducted a “hot work permit” will be required.
- Check with the site manager that asbestos is not present at the point of work. Asbestos containing materials is not to be disturbed by Spinaclean Limited. This work needs to be conducted by a specialist contractor.

Security:

- Prior to arriving on site ensure that the Client’s site manager has authorised access to site and the work area.

Rules:

- The team/operative will conduct their work within the Client's Health and Safety rules and arrangements. Prior to commencing work these Health and Safety rules will be communicated to the team/operative.

Smoking:

- Aqua Window And Property Cleaning Services will operate a no smoking policy on any Client's premises.

Services:

Services will not be interrupted due to work conducted by Aqua Window And Property Cleaning Services

Unloading details:

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- Delivery to site to be arranged with Client's to ensure minimal disruption.
- Ensure adequate access and the best route to the workplace.
- Unload the vehicle of equipment by hand if no mechanical aids available.
- Unloading the vehicle by hand (i.e. manual handling) could be a two-person process, if in doubt get help.
- Avoid a route that may bring you into contact with Client's staff or customers, if possible, ensure that gangways are clear, before bringing materials through, to the work area.

Access:

- Leave all designated gangways and passageways free from obstructions.
- Ensure all waste is collected and disposed of from the work area.
- Keep all fire exits and firefighting equipment clear of obstructions.

Tools:

- Ladders/steps to be used will be inspected before going on site.
- All tools and equipment are to be inspected prior to use.
- All other tools and equipment will be hired from our preferred hire company.
- All tools and equipment hired from the "hire company" will be checked on delivery to ensure they are fit for purpose and have had the necessary safety inspections/checks.
*Note most portable electric tools are battery operated.

Housekeeping:

- All work areas will be kept clean and tidy where possible; Aqua Window And Property Cleaning Services operate a "clean as you go policy."
- All tools, equipment and waste will be removed from site after the job has been completed.
- Any (nonhazardous) waste will be disposed of using the Client's facilities or where necessary by the team/operative.

Welfare facilities:

- Prior to work commencing Aqua Window And Property Cleaning Services will consult with Client's local management for use of toilets and wash facilities.
 - Food will be provided by the team/operatives themselves.
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Emergency Arrangements:

- The location of First Aid arrangements will need to be provided by the Client prior to work commencing.
- Fire arrangements will need to be provided by Client's prior to work commencing including the location of assembly points, location of fire exits and fire equipment; procedures to follow.
- Further details on Aqua Window And Property Cleaning Services Emergency Arrangements can be provided in the relevant risk assessments and safety arrangements.
- Further information on accidents can be found in the Health and Safety Arrangements.

Job Safety Analysis:

- A Job Safety Analysis will need to be conducted.
- The following sequence of work has been produced as a guide from the company's safety arrangements, risk assessments and job safety analysis.

Sequence of (onsite) work:

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- Prior to work commencing all Personal Protective Equipment will be put on.
- Location of work to be planned and cleared of obstructions. Check for any asbestos.
- A safe working area will be created.
- Our van/vehicle is to be directed to the point of unloading ensuring minimal disruption and to minimise lifting/handling activities.
- The team/operative will unload materials if necessary, getting help (i.e. two-man operation) to minimise handling hazards.
- Equipment and Materials to be located where they are to be assembled/used.
- Local floor obstructions to be removed.

Dependent on the work:

- Review each individual risk assessment for the control measures.

On completion of work:

- All equipment and waste to be removed from work area.
 - Work area to be handed over to the Client's site management after work is finished.
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Use of equipment:

- Caution to be exercised when using tools and equipment.
- Safety glasses/goggles to be worn to protect eyes.
- Long hair to be tied back/loose clothing not to be worn, necklaces to be removed.
- Competent users only to use tools and equipment, inexperienced to be supervised.
- When handling tools to and from the van use correct lifting techniques.
- Ensure to keep fingers/hands away from mechanical hazards.
- To reduce exposure to vibration, take regular breaks, use gloves (HAVS).
- To reduce exposure to noise use hearing protection.
- The use of ladders/steps will be done in accordance with the work at height risk assessment; ladders located/positioned correctly; individuals working from them for short periods.

When working at height (general):

- Onsite risk assessment (fill in the gaps) to be conducted.
- Construct safe working area.
- Check steps/ladders before use.
- Position steps/ladders correctly, face on, level ground.
- Use equipment correctly, no overreaching, no standing on top rung, no sideways force.

When working alone:

- Communicate intentions with others within the company (i.e. let someone know).
- Mobile phones to be used to stay connected (remember to keep battery charged).
- Confirm safety arrangements with client prior to visiting client's site.
- Inform work colleagues of any illness that may affect work.

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- Wear PPE where required (as per instructions).
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When manual handling

- Where possible use mechanical aids such as a sack barrow, pump truck etc.
- Use good handling techniques.
- If in doubt get help.

Accidents, incidents and near misses:

- In the event of an accident get help and contact a Client's First Aider.
- All accidents need to be reported to Client's and to Aqua Window And Property Cleaning Services.
- All property damage needs to be reported to Aqua Window And Property Cleaning Services.

- All near misses and hazards (i.e. potential accidents) need to be reported to Client's and to Aqua Window And Property Cleaning Services.
 - In the unlikely event of a spillage report immediately to Client's and get help.
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Further information:

Further information on accidents can be found in the Health and Safety Arrangements.

Declaration

I certify that the details given in this booklet are correct at the time of distribution.

Date: 20/03/2025

Signed: SJDOHERTY